

COVIDSafe Plan

Melbourne Disc Golf Club COVIDSafe Plan

Location / Activity: Outdoor activities at various disc golf courses around Melbourne

Prepared by: David Heath, Vice President

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Organisation

Organisation: Melbourne Disc Golf Club, Inc.

Address: 5 Lauren Close, Dingley Village VIC 3172

ABN: 48 770 362 847

Contact: Jeff Brunsting (President) 040 982 7784

David Heath (Vice President) 041 263 7633

The Tournament Director will serve as the COVID Marshall

Ensure physical distancing and limit attendance

Provide guidance on physical distancing	<i>For all events, participants are reminded of the need to maintain a 1.5m separation within playing groups, to not touch each other's equipment and to keep 50m away from other playing groups. Further, players are to actively seek to stay well-distanced from other park users.</i>
Manage areas and activities to comply with gathering, capacity and density limits	<i>Total number of participants must not be greater than 1 participant per 4 sqm in any activity area and to a maximum of 72 participants. We expect no spectators, however if players do note anyone watching the event, players will be encouraged to have a quick chat to suggest suitable distancing.</i>

Wear a face mask

Face masks are worn at all times unless an exemption applies.	<i>Wearing of face masks should be in line with the current Victorian Government directions. Ensure members carry a face mask or provide sufficient disposable face masks as a backup.</i>
Provide communication and/or guidance on the correct use and disposal of face masks	<i>Guidance provided to all players via direct email. Players should review COVIDSafe Plan Players can access government COVID-19 Training:</i> <ul style="list-style-type: none">• How to safely wear a face mask

Practice good hygiene

Provide hand cleaning facilities and ensure adequate supplies are available	<i>Hand washing facilities and/or hand sanitiser to be available to each participant and used at the beginning, end and regularly throughout the activity.</i>
Manage use of high-touch communal items.	<i>Cleaning of equipment and frequently touched surfaces before and after use</i>

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Keep records and act quickly if players become ill

You must support players to get tested and stay home even if they only have mild symptoms.	<i>As per State Government directions, players should stay at home and get tested if they have any symptoms.</i>
Record the attendance of all participants. This information will assist organisations to identify close contacts.	<i>A record of people who have attended each event. This information should be kept by the Tournament Director for 28 days. This record should be recorded by a single person. Typically, we use DiscGolfMetrix to maintain a record of all players, we also have Service Victoria QR codes for check-in at each course.</i>
How you will manage a suspected or confirmed case.	<i>If somebody becomes unwell at an event, they will need to return home. If they show signs of COVID-19 symptoms, especially fever:</i> <ul style="list-style-type: none"><i>• Isolate them from others until they are able to return home</i><i>• Advise the participant to self-isolate and be tested for COVID-19</i><i>• Call 000 if the condition becomes serious, such as difficulty in breathing</i> <i>Explain to them that they should call the COVID-19 hotline 1800 675 398 or contact their GP.</i>
<i>Extra care is required during isolation if the unwell person is a youth.</i>	<i>It is important to keep the youth relaxed, and not arouse concern in others. Calmly ask them to follow you away from the space where the main activity is occurring. The youth should remain 2m away from others and wait in a separate area away from others for their parent to collect them. Event leaders need to reassure and support the youth. They should not feel forgotten or criticised by others.</i>
Prepare to notify members and visitors (including close contacts)	<i>The detection of a positive COVID-19 case at a disc golf event will result in a standard public health response, which could include quarantine of an individual or group, and close contacts, for the required period. It is likely that the club will be made aware of a potential close contact through being informed directly by the affected person (or their parent) or as part of a follow up of confirmed cases by public health.</i> <ul style="list-style-type: none"><i>• Call the COVID-19 hotline 1800 675 398</i><i>• Provide attendance records of meetings that the affected person has attended to public health officials</i><i>• Notify the property owner (e.g. local council, Parks Victoria, etc)</i><i>• In conjunction with public health officials, notify other attendees that they may have been exposed and follow DHHS advice on quarantine requirements.</i>
Establish a system to screen members and visitors before attending.	<i>As required, no player is to participate if they are unwell, especially if they have cold or flu-like symptoms.</i>

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Avoid interactions in enclosed spaces

Avoid interactions in enclosed spaces by moving as much outside as possible *Not applicable for outdoor activities.*

Enhance airflow *Not applicable for outdoor activities.*

Create workforce bubbles

You should maintain records of all workers who have disclosed that they reside with another worker and ensure that there is no cross-over between shifts. *We have no 'workers' involved in these events.*

Food and Drink

Provision of Food and Drink should be within Hospitality service COVID Guidelines *Players will bring their own food for their own consumption and not share food.*
During the COVID times, the club will not provide any food or drink for communal consumption.
